

Gisela Lin Counseling and Consultation Services, PLLC
1401 Sandia Plaza, Suite 1
Bryan, TX 77802
979-314-9698
DrLinCares@counselingmail.com
DrLinCares.com

Informed Consent for In-Person Meetings
Gisela Lin Counseling and Consultation Services, PLLC
Jun-chih Gisela Lin, Ph.D., ABPP

INFORMED CONSENT FOR IN-PERSON SERVICES POST COVID-19 PUBLIC HEALTH CRISIS

This document contains important information about the decision to resume in-person services post COVID-19 public health crisis. Please read this carefully and let Dr. Lin know if you have any questions. When you sign this document, it will be an official agreement between you and Gisela Lin Counseling and Consultation Services, PLLC/Dr. Lin.

Decision to Meet Face-to-Face

You and Dr. Lin have agreed to meet in person for some or all future sessions. If there is a resurgence of the pandemic or if other health concerns arise, however, Dr. Lin may require you to meet via telehealth. If you have concerns about meeting through telehealth, please talk to Dr. Lin about it first and try to address any issues. You understand that, if Dr. Lin believes it is necessary, she may determine that we return to telehealth for everyone's well-being.

If you decide at any time that you would feel safer staying with, or returning to, telehealth services, Dr. Lin will respect that decision, as long as it is feasible and clinically appropriate. Reimbursement for telehealth services, however, is also determined by the insurance companies and applicable law, so that is an issue that may also need to be discussed. Please refer to her **Informed Consent to Receive TeleHealth Treatment** form for more details.

Risks of Opting for In-Person Services

You understand that by coming to the office, you are assuming the risk of exposure to the coronavirus (or other public health risk). This risk may increase if you travel by public transportation, cab, or ridesharing service.

Your Responsibility to Minimize Your Exposure

To obtain services in person, you agree to take certain precautions which will help keep everyone (you, me, and our families, other counselors and other clients) safer from exposure, sickness and possible death. If you do not adhere to these safeguards, it may result in our starting/returning to a telehealth arrangement. Initial each item below to indicate that you understand and agree to these actions:

- You will only keep your in-person appointment if you are symptom free. ___
- You will take your temperature before coming to each appointment. If it is elevated (100 Fahrenheit or more), or if you have other symptoms of the coronavirus, you agree to cancel the appointment or proceed using telehealth. If you wish to cancel for this reason, Dr. Lin won't charge you the normal cancellation fee. ___
- You will wash your hands or use alcohol-based hand sanitizer when you enter Dr. Lin's office. ___
- You will keep a distance of 6 feet and there will be no physical contact (e.g. no shaking hands) with Dr. Lin. ___
- You will try not to touch your face or eyes with your hands. If you do, you will immediately wash or sanitize your hands. ___
- If you are bringing your child, you will make sure that your child follows all of these sanitation and distancing protocols. ___
- If you have a job that exposes you to other people who are infected, you will immediately let Dr. Lin know. ___
- If you are (or a resident of your home is) exposed to someone who is infected or tests positive for the infection, you will immediately let Dr. Lin know and then begin or resume treatment via telehealth.

Dr. Lin may change the above precautions if additional local, state or federal orders or guidelines are published. If that happens, we will talk about any necessary changes.

Dr. Lin's Commitment to Minimize Exposure

Dr. Lin has taken steps to reduce the risk of spreading the coronavirus within the office. Please let her know if you have questions about these efforts.

- Office seating in the counseling room has been arranged for appropriate physical distancing.
- Office seating in counseling areas are disinfected regularly.
- Dr. Lin will maintain safe social distancing.
- Dr. Lin will provide hand sanitizer in the counseling room.
- Credit card pads, pens and other areas that are commonly touched are thoroughly sanitized after each use.

- Physical contact is not permitted.
- Tissues and trash bins are easily accessed. Trash is disposed of on a frequent basis.

If You or I Are Sick

You understand that Dr. Lin is committed to keeping you, her, and all of our families safe from the spread of this virus. If you show up for an appointment and she believes that you have a fever or other symptoms, or believes you have been exposed, she will have to require you to wear a mask or leave the office immediately. She can follow up with services by telehealth as appropriate.

If Dr. Lin or her immediate family living with her tests positive for the coronavirus, she will notify you so that you can take appropriate precautions.

Informed Consent

Your signature below shows that you agree to these terms and conditions and you consent to receive counseling from Dr. Lin in person.

Print Name

Signature

Date